

COULEE CITY COW-PIE JOG

3.7 mile course

SATURDAY, MAY 24TH, 2008

Time & Place: Starting time is 8:00 am at the Coulee City School.

Late entries may register on the day of the race between 7:00 - 7:30 am in front of the school.

Entry Fee: Advance registration \$12.00 (Must be received by May 14th)

Late entries must pay \$15.00 fee when registering.

Run Information: 3.7 mile course open to all runners, joggers, and walkers. Awards to overall male and female winners and ribbons to 1st, 2nd, and 3rd place winners in each age division; male and female. Water stations at halfway point and finish line.

*** Attention: Please take note of the deadline May 14th! If entry has not been received by this date you may not receive a T-shirt on the run day. Pre-entry finishers will have priority when t-shirts are handed out. Late entries will receive t-shirts in the mail.

WEEKEND EVENTS: The Cow- Pie Jog is held in conjunction with Coulee City's Annual Last Stand Rodeo. The rodeo is both Saturday and Sunday afternoons at 2pm.

A "Bull-a-Rama" will be held at 6:30 pm Friday night. The Cowboy Breakfast Saturday morning is at the grade school from 7am to 10am, and the Grand Parade at 11am.

\$12.00 ENTRY FEE SPONSOR: ST ANDREWS GRANGE \$15.00 LATE FEE

Checks payable to: Cow-Pie Jog

Mail to: Cow-Pie Jog PO Box 896 Coulee City, WA 99115 Call: (509) 632-5970

Entry forms also available at www.couleecity.com

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter the run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated me. Having read this waiver and knowing these facts in consideration of your accepting me entry, I, myself and anyone entitled to act on my behalf, waive and release the St. Andrews Grange of Coulee City and all sponsors, their representatives, and successors from claims or liabilities of any kind arising from my participation in this event.

Name _____ Age _____ Phone _____ Date _____

Mailing Address _____ City _____

State _____ Zip _____

Age bracket (circle) 1-4 5-7 8-10 11-15 16-19 20-29 30-39 40-49 50-59 60-69 70+

Male _____ Female _____ T-shirt Size: LONG or SHORT sleeved (circle one)

(Circle one) Child 10-12 Adult S M L XL XXL

Signature _____ parent/guardian if under 18